

Pre-Operative Instructions

WHAT TO WEAR: Please wear loose comfortable clothing. Wear a short sleeve shirt. Ladies should wear a two piece outfit, please do not wear a dress. Ladies should not wear face makeup or lipstick. All fingernail polish should be removed. Men should shave before coming in. Beards and mustaches should be trimmed but need not be shaved off. Remove all jewelry (earrings, necklaces, bracelets, watches, rings, etc.) prior to your appointment.

MEDICATIONS: If you take medicine as prescribed by your physician, do so as you regularly would on the day of surgery, especially medication to control your blood pressure. If you have diabetes, eat and take your diabetes medicine as you normally would to control your blood sugar level. If you take aspirin daily, stop taking it one week prior to surgery, but check with your physician first. If you take prescription diet pills, e.g. fenfluramine (Pondimin), dexfenfluramine (Redux), Phen-fen, inform our office. If you are currently taking phenetermine (Adipex, Fastin) diet pills, stop taking them two days prior to surgery.

SEDATION PATIENTS: If you are going to be IV Sedated, do not eat or drink for four hours before your surgery (unless you have diabetes, as mentioned above). Do not drink coffee or other caffeine-containing beverages for twelve hours prior to surgery. **You must have someone drive you home after surgery.** Do not plan to drive or make important business decisions for the rest of the day after your surgery - stay at home and rest. Arrange for someone to stay at home with you for several hours after the surgery, as you may need some assistance until the sedative wears off. If you feel fine the following day, you may go about your normal routine. If on the following day you still feel the effects of the sedation or if your mouth is very uncomfortable, stay home again and rest.

You will need to remove any kind of nail polish or artificial nails on your index finger.

The Oral Sedation medication includes Halcion. The Intravenous medicines may include Versed, Demerol, or Fentanyl. Please let me know if you have had problems with any of these medications as alternatives are available.

FOR SMOKERS: DO NOT SMOKE THE DAY OF THE SURGERY (either before or after the appt).

You will be more comfortable throughout the procedure if you can breathe easily through your nose. If you normally cannot breathe freely through your nose, purchase Afrin Nasal Spray at your pharmacy and spray twice in each nostril one hour before you come to your appointment.

Inform us of any changes in your medical status or medications prior to surgery. If you develop a cold, flu, or other illness, please call in order to determine if the appointment should be kept.

Please give us your pharmacy phone number, so your prescriptions may be phoned in. If you do not have any (over the counter) Advil/Ibuprofen at home already, please purchase this to have available for post-operative swelling and discomfort.

If you must cancel/reschedule your surgery, please call at least 3 days in advance, otherwise your deposit may be forfeited.



DFW PERIODONTICS

and

IMPLANT DENTISTRY

7200 STATE HIGHWAY 161, SUITE 210
IRVING, TEXAS 75039
972.255.3382

WWW.LASCOLINASPERIO.COM

731 E. SOUTHLAKE BLVD., SUITE 160
SOUTHLAKE, TEXAS 76092
817.809.4388

WWW.DFWPERIODONTICS.COM